



Packet Pick-up

Saturday, October 12, 2019; 10:00 am-6:00 pm

Fleet Feet Sports
1315 W. Summit Pkwy
Spokane, WA 99201

Race Day Packet Pickup

This is intended for out-of-town participants only. If you live in the area, please make every effort to pick up your bib on Saturday. You may also have friends pick up your packet for you.

Sunday, October 13, 2019; 6:00 am-8:30 am

Packet Pickup will be located inside the hallway of the Davenport Grand Hotel (333 W. Spokane Falls Blvd), near the start line at the corner of Washington and Main.

Race Day Start Times & Locations

7:00 am- Marathon and Marathon Relay- Start near the corner of Washington and Main

8:00 am- 10K- Start near the corner of Washington and Main

9:00 am- Half Marathon- Start near the corner of Washington and Main

Race Day Information

Parking: City parking meters are free on Sundays. Additionally, there are several pre-pay lots in the downtown area near the start and finish lines. For additional information on parking, please visit www.downtownspokane.org and select "Transportation" from the drop-down menu.

Drop Bags: We provide a drop bag for bag check near the marathon/half marathon/10K start line on Main Street, located on the South side of the Grand Hotel. Look for the moving van with

a "bag check" banner. Bag pickup will be near the finish line on Howard St. Please do not leave valuables in bags.

Shirts & Medals: Shirts will be available at packet pickup to participants who pre-purchased them. Shirt exchanges will occur **only on Sunday after the race**, and are on a first come, first served, basis in an area near the finish line. Also, there will be a limited number of shirts available for purchase after the race- cash, check, or credit cards are accepted.

Maps:

Race Day Highlights

http://thespokanemarathon.com/Resources/misc/Maps2019/2019RaceDayMap_03.pdf

Full Marathon Course

<http://thespokanemarathon.com/Resources/misc/Maps2019/SAA%20Marathon-FULL-2019.10.03.pdf>

Half Marathon Course

<http://thespokanemarathon.com/Resources/misc/Maps2019/SAA%20Marathon-HALF-2019.10.03.pdf>

10K Course

<http://thespokanemarathon.com/Resources/misc/Maps2019/SAA%20Marathon-10K-2019.10.03.pdf>

Aid Stations: Water and Lemon Lime Gatorade will be available approximately every 2 miles on the half and full marathon courses. Hammer Gel will also be available at miles 7.5, 9.7, 11.5, and 12.4 of the half marathon, and at all water stations from mile 8 to 25 of the full marathon. For the 10K, water will be available approximately every 2 miles, and Gatorade will be available at the four-mile aid station.

Porta Potties: Porta Potties will be located near the start line for all races. Specifically, they will be on the South Side of Main Street, across from the Davenport Grand Hotel, between Washington St. and Bernard St. Additional porta potties will be located every several miles on the Half and Full Marathon courses.

Timing & Results: Chip timing for all races will be provided by Across the Line Timing. Please wear your bib on your front so that it is visible. Results will be available at atltiming.com, live and after the race. We will also post a link to the results on our Facebook page and our website.

Awards: All finishers will receive a custom medal. Award ceremony times will be at approximately 9:30 for the 10K, 11:15 for the Marathon and Marathon Relay, and 11:45 for the Half Marathon.

For the full marathon, half marathon, and 10K, acrylic awards will be given to the 3 top overall male and female, and to the top master male and female. The first finisher in each age group will receive a commemorative glass with our logo and a beer from Big Barn Brewing Company.

The top three finishers in each age group will receive ribbons. The top relay teams in the all female, all male, and mixed divisions will receive a gift basket from Papa Murphy's Pizza.

Medical: We will have several ambulances on the course. Additionally, we will have paramedics on the Centennial Trail where there is no road access. We will have medical support at the finish line, as well. If you have a medical emergency, please let a volunteer or a fellow runner know. If you need to drop from the race for any reason, please let someone know and we will assist you.

After Party: Please join us for a post-race party at the finish line on Howard Street. Enjoy music from our live DJ and terrific food, including hot pizza, fresh fruit, an assortment of sweet and salty treats, and chocolate milk. Also, be sure to get your free finishers photos.

Please visit our website thespokane marathon.com for more detailed information.